

Breakfast: 6:30 to 10:00 AM

Lunch: 11:00 to 1:30 PM

Dinner: 4:15 to 7:00 PM

Grill open from 6:30 AM to 8:00 PM

| CGH Café | Sunday Oct. 6 th | Monday October 7 th | Tuesday October 8 th | Wednesday October 9 th | Thursday October 10 th | Friday October 11 th | Saturday October 12 th |
|---|--|---|---|--|--|---|--|
| Brk | | Blueberry Pancakes | Scrambled Eggs W/Peppers & Cheese | French Toast | Breakfast Casserole | Biscuits & Gravy | |
| Lunch | <p>Chicken Alfredo Lasagna</p> <p>Breadstick Carrots</p> <p><u>Soup</u> Baked Potato Soup</p> <p><u>Grill</u> Brat & Sauerkraut</p> | <p>BLT Salad (Iceberg, Tomatoes, Bacon, Celery, Chicken Tenders)</p> <p>Ssnd Chicken Breast HTP</p> <p>Chicken Tenders</p> <p>Potato Crusted Cod</p> <p>Mashed Potatoes</p> <p>Gravy</p> <p>Carrots</p> <p>Peas</p> <p><u>Soup</u> Chicken & Wild Rice</p> <p>Cook's Choice</p> <p><u>Grill</u> Ultimate Grilled Cheese</p>  | <p>Buffalo Chicken Salad (Romaine, Boneless Wings, Celery, Bleu Cheese)</p> <p>Ssnd Chicken Breast HTP</p> <p>Salmon</p> <p>Fall Ragù</p> <p>Gnocchi</p> <p>Brussels Sprouts</p> <p>Parmesan Green Beans</p> <p><u>Soup</u> Cream of Potato</p> <p>Cook's Choice</p> <p><u>Grill</u> Italian Beef</p>  | <p>Mexican Chopped Salad (Iceberg, Corn, Beans, Tomato, Avocado, Cheese, Onion)</p> <p>Ssnd Chicken Breast HTP</p> <p>Ramen Bar</p> <p>Chicken or Pork</p> <p>Cheesy Chicken Casserole</p> <p>Baked Sweet Potato</p> <p>Snap Peas</p> <p><u>Soup</u> Vegetarian Chili</p> <p>Cook's Choice</p> <p><u>Grill</u> Ruben</p>  | <p>Cobb Salad (Iceberg, Romaine, Chicken, Bacon, Avocado, Tomato, Egg, Cucumber, Bleu Cheese)</p> <p>Ssnd Chicken Breast HTP</p> <p>Action Station- Street Taco</p> <p>Pasta Toss</p> <p>Lasagna</p> <p>Bosco Stick</p> <p>Broccoli</p> <p>Cauliflower</p> <p><u>Soup</u> Split Pea</p> <p>Cook's choice</p> <p><u>Grill</u> Asian Shrimp Wrap</p>  | <p>Steak Salad (Lettuce, Romaine, Steak, Mushroom, Onion, Avocado, Bleu Cheese)</p> <p>Ssnd Chicken Breast HTP</p> <p>CGH Enchilada</p> <p>Loaded Tator Tots</p> <p>Veggie Blend</p> <p><u>Soup</u> Beef Vegetable</p> <p>Cook's Choice</p> <p><u>Grill</u> Cuban Flatbread</p>  | <p><u>Soup</u> Cook's Choice</p> <p><u>Grill</u> Cook's Choice</p> |
|  | | <p>Ssnd Chicken Breast HTP</p> <p>Chicken Tenders</p> <p>Potato Crusted Cod</p> <p>Mashed Potatoes</p> <p>Gravy</p> <p>Vegetable</p> <p><u>Soup</u> Chicken Noodle</p> <p>Cook's Choice</p> <p><u>Grill</u> Ultimate Grilled Cheese</p> | <p>Ssnd Chicken Breast HTP</p> <p>Salmon</p> <p>Fall Ragù</p> <p>Gnocchi</p> <p>Vegetable</p> <p><u>Soup</u> Cream of Potato</p> <p>Cook's Choice</p> <p><u>Grill</u> Italian Beef</p> | <p>Ssnd Chicken Breast HTP</p> <p>Ramen Bar</p> <p>Chicken or Pork</p> <p>Cheesy Chicken Casserole</p> <p>Vegetable</p> <p><u>Soup</u> Vegetarian Chili</p> <p>Cook's Choice</p> <p><u>Grill</u> Ruben</p> | <p>Ssnd Chicken Breast HTP</p> <p>Pasta Toss</p> <p>Lasagna</p> <p>Bosco Stick</p> <p><u>Soup</u> Split</p> <p>Cook's Choice</p> <p><u>Grill</u> Asian Shrimp Wrap</p> | <p>Ssnd Chicken Breast HTP</p> <p>CGH Enchilada</p> <p>Loaded Tator Tots</p> <p>Vegetable</p> <p><u>Soup</u> Beef Vegetable</p> <p>Cook's Choice</p> <p><u>Grill</u> Cuban Flatbread</p>  | |
| | | Chef Salad | Caesar Salad | Turkey Cheese Flat Out | Hummus Fresh Fruit & Veggies | Buffalo Chicken Wrap | |