



Communique

February 15, 2018

A CGH Medical Center Publication

In This Issue:

- Medicare 4 Star Rating
- CGH Main Clinic Welcomes Vincent Racanelli, DO
- CGH Pictorial Directory
- 7000th Delivery for Dr. LeMay
- UOI Savers Card for CGHers
- Dr. Suman Gopal Retirement
- "Lettuce" Sponsor Your Salad
- March Birthdays
- Auxiliary Linen Sale
- Hospital Happenings

GO  RED
IN
FEBRUARY

Medicare 4 Star Rating

CGH is pleased to report that we have received a 4 Star rating for Medicare on the Hospital Compare website, www.medicare.gov/hospitalcompare.

First released in July of 2016, the website was designed by the Centers for Medicare & Medicaid Services (CMS) to help millions of patients and their families learn about the quality of hospitals, compare facilities in there are side by side, and ask important questions about care quality when visiting a hospital or other health care provider.

According to CMS, the new Overall hospital Quality Star Rating summarizes data from existing quality measures publicly reported on Hospital Compare into a single star rating for each hospital. The overall ratings range from one to five stars. The more stars, the better a hospital performed on the available quality measures. This makes it easier for consumers to compare hospitals and interpret complex quality information.

"CGH Medical Center is honored to provide you the very best care," said Dr. Paul Steinke, President and CEO. "We are proud of this achievement and believe it is a direct result of our physicians, nurses and staffs' dedication to outstanding patient care."

The Hospital Compare overall ratings come from data that hospitals report to the Centers for Medicare & Medicaid Services through the Hospital Inpatient Quality Reporting Program and the Hospital Outpatient Quality Reporting program. Some of the measures used to calculate the overall ratings are base only on date from Medicare patients and some are based on date from all patients, including process of care, healthcare associated infection, and HCAHPS Survey measures.

For more information on the hospital compare rating visit www.medicare.gov/hospitalcompare.

CGH Medical Center Main Clinic Welcomes Vincent Racanelli, DO

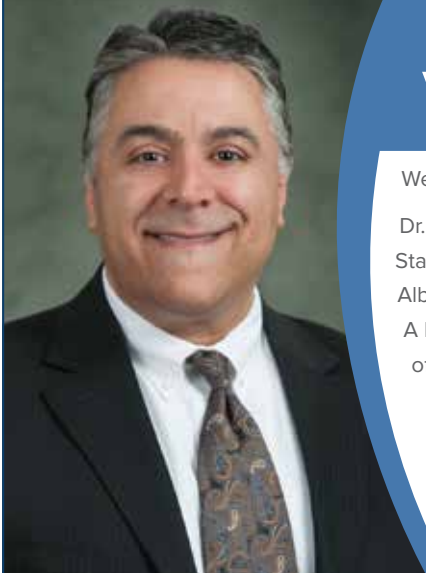
We are pleased to welcome Vincent Racanelli, DO to the Internal Medicine department at CGH Main Clinic.

Dr. Racanelli received his DO from New York College of Osteopathic Medicine in Old Westbury, his MA from State University of New York at New Paltz, and his undergraduate degree from State University of New York at Albany. He completed an Internal Medicine residency at Winthrop University Hospital in Mineola, New York.

A Diplomate of the American Board of Internal Medicine, Dr. Racanelli is also a member of the American College of Physicians, the American Medical Association, and the American Osteopathic Association.



To schedule **(815) 625-4790**
an appointment, **101 E Miller Rd, Sterling, IL 61081**
please call **www.cghmc.com**



CGH Pictorial Directory



REMINDER: CGH Medical Center is going to be offering a printed photo directory of employee head-shots similar to a church directory. Photographers from Grot Imaging Studio started taking new head-shots on site today of all CGH employees and providers, as well as began offering family sessions. All are eligible for a free 5x7 print of your choosing.

Grot Imaging Studio will be set up in Classroom 1 and 2 on the following dates taking **employee head-shots**:

- Friday, February 16, 10 a.m. to 4 p.m. in Classroom 2
- Thursday, February 22, 10 a.m. to 4 p.m. in Classroom 2
- Friday, February 23, 10 a.m. to 4 p.m. in Classroom 2

Sign up is strongly encouraged but **walk-ins will be accommodated**. Visit www.heartbeatcgh.com/photos to reserve a time. Badge images will be used in the directory for employees who cannot make any scheduled dates.

In addition, **FREE family photography sessions** will also be offered with **employee head-shots** at special times for those interested. Each family session lasts 15 minutes and includes family pictures and an employee head-shot of each CGH staffer. There will be an opportunity to view and purchase any additional images directly after the shoot. All purchases are payroll deduct eligible, but no purchase is necessary. Package pricing and information is on the Heartbeat. Well-behaved pets are also allowed in the family photo sessions and can have their own individual shots too. Please keep them on a leash and straight into the classroom and right back out after the session.

Grot Imaging Studio will be set up in classroom 1 and 2 on the following dates offering **FREE family photography sessions**:

- Friday, February 16, 4 to 7 p.m. in Classroom 2
- Saturday, February 17, 10 a.m. to 4 p.m. in Classroom 2
- Thursday, February 22, 4 to 7 p.m. in Classroom 2
- Friday, February 23, 4 to 7 p.m. in Classroom 2
- Saturday, February 24, 10 a.m. to 4 p.m. in Classroom 2

Visit www.heartbeatcgh.com/photos to reserve your session. An appointment is required. Each person registered for a family session will be entered to win a FREE 20x24 canvas print from their session.

Please note that one additional time in March will be added if the scheduled dates fill up.

7000th Delivery for Dr. LeMay



We are proud to congratulate CGH Obstetrician **Dr. Jeffrey LeMay** on delivering his 7000th baby, Spencer James, on Wednesday, February 7 at CGH Medical Center's Birthing Center. Spencer is the son of proud parents, Megan and Wesley of Morrison. Spencer weighed 8 pounds and 6 ounces and was 21 inches long.

Dr. LeMay has been a part of the CGH family since 1986. Congratulations, Dr. LeMay!

UOI Savers Cards for CGHers

As a thank you to all CGH employees, UOI Boutique in Sterling has introduced a UOI Boutique Savers Card to use every time you shop in the store.



- 10% off your purchase total, in-store*
**Please note that the discount cannot be combined with any other sale or special event*
- Special discounts and coupons throughout the year
- Special shopping events each quarter where a portion of the proceeds will be donated to the CGH Health Foundation

To retrieve your card, simply stop into the store with your CGH employee badge and a card will be issued. If you already have a card, bring in your CGH employee badge for the initial activation of the card.

Visit the special CGH page on the UOI website at uoionline.com/pages/CGH to see this month's discounts and coupons.

Congratulations!

Dr. Suman Gopal and **Irma Russell, RN** are retiring together this month. Dr. Suman has been with CGH for 32 years in Internal Medicine. Irma has worked for the clinic for 44 years, and spent the past 20 years working with Dr. Suman.



Dr. Suman and her long-time nurse Irma Russell retire together.

Dr. Suman states, "my patients became my extended friends and family throughout my career. I can't thank CGH enough. It was a great, wonderful organization to work for, and I mean that with all my heart." She plans to travel, spend more time visiting her kids, and eventually volunteer.



Dr. Suman ended her career on Thursday, February 15 seeing her very first patient, who also become her very last patient today. June Hunsberger of Rock Falls is pictured with Dr. Suman Gopal.

Irma said, "I've enjoyed my career here and will miss the staff and patients. It is time for a new chapter in my life." She is looking forward to traveling and seeing all the great friends she has all over the country that she hasn't had the opportunity to visit.

**Thank you Dr. Suman and Irma for your service!
You will both be greatly missed!**

February New Employees



Front Row (L - R): Chelsea Brown (CNA, Internal Medicine-Dixon); Christy Beightol (CNA, Float-Clinic); Carol Cummings (Linen Specialist, Laundry); Suzi Albers (RN, Float-Clinic)

Back Row (L - R): Ben Sauer (Food & Nutrition Assistant, Dietary); Catherine Higley (Housekeeper I, EVS); Jamie Cook (Housekeeper I, EVS); Chris Franz (Systems Administrator, Information Technology), Miranda Daugherty (RN, Critical Care Unit)



Front Row (L - R): Sabrina Stock (EMT-B, Pre-Hospital); Karley Lippens (Food & Nutrition Assistant, Dietary); Nikki Roberts (Housekeeper I, EVS), Roxane Wancket (Housekeeper I, EVS)

Back Row (L - R): Isaiah Venema (Food & Nutrition Assistant, Dietary); Angie Minor (Registration Clerk, Patient Access); Becky Davis (Medical Lab Technician, Laboratory)



Front Row (L - R): Katie Nauman (Physical Therapist, Physical Therapy); Mary Williamsen (LPN, Float-Clinic); Linda Sathoff (Housekeeper I, EVS); Michael Byrd (Skilled Maintenance Engineer, POM)

Back Row (L - R): Brandon Koenig (Receptionist, Orthopedics); Chana Kullerstrand (Linen Specialist, Laundry); Mandi Yocum (HUC/CNA, Pediatrics); Cody Hill (EMT-B, Pre-Hospital)

GO RED IN FEBRUARY

"LETTUCE"
(LET US) **SPONSOR**
YOUR
SALAD!

The **CGH Health Foundation** would like to encourage you to **visit our salad bar** for a heart healthy meal. Discount will be applied at checkout. Not valid for main dish salads.

\$1 DISCOUNT

Automatically applied to salads at register

FEBRUARY 19-23



Go Red in February promotions brought to you by the

March Birthdays

- | | |
|------------------------|--------------------------|
| 1 Kaylene Becker | 17 Cara Phalen |
| 1 Kermit Cox | 17 Misty Rattledge |
| 1 Ashley Imel | 18 Sandra Baylor-Schmidt |
| 1 Miranda Long | 18 Elyn Horn |
| 1 Kimberly Vandermyde | 19 Beverly Burrows |
| 2 Mariel Kester | 19 Amy Pepper |
| 3 Grant Conibear | 20 Molly Anderson |
| 3 Trista Garza | 20 Fran Haan |
| 3 Anna Harrison | 20 Joseph Kelly |
| 3 Vicki Spotts | 20 Heather McCarter |
| 3 Nicole Tessendorf | 20 Kelli Rajnowski |
| 3 Kimberly Wainscott | 20 Connie VonHoltzen |
| 4 Sally Canas | 21 Hope Canas |
| 4 Pat Mills | 21 Danille Haeffner |
| 4 Perri Plog | 21 Katie Johnson |
| 4 Angela Reitzel | 22 Margo Bartels |
| 4 Konnie Swanson | 22 Sara Colmark |
| 5 Nona Adams | 22 Tamera Eads |
| 5 Donna Davis | 22 Kali Hubbard |
| 5 Heather Musselman | 22 Mabelle Johnson |
| 5 Khankham | 22 Timothy Schumaker |
| Phommavong | 22 Julie Schwenk |
| 5 Norma Urrutia | 22 Denise Zinke |
| 5 Lindsay Wallace | 23 Pamela Bittorf |
| 6 Karen Dever | 23 Melissa Cassens |
| 6 Mary Hammelman | 23 Edward Hanlon |
| 6 Lisa Holmes | 23 Evan Klein |
| 7 Casey Cheshier | 23 Patricia Nice |
| 7 Christy Fredericks | 23 Faith Smith |
| 7 Austin Peters | 23 Jamie Swearingen |
| 7 Rebecca Rhodes | 24 Michelle Asher |
| 8 Kristina Dauen | 24 BillieAnn Baldwin |
| 8 Janice Davey | 24 Peggy Burger |
| 8 Jason Larson | 24 Shannon Gipe |
| 8 Blake Shipman | 24 Jennifer Jellerichs |
| 8 Alice Vetter | 24 Rosemarie Merced |
| 9 Elizabeth Camacho | 24 Samantha Portner |
| 9 Terry Durham | 24 Pamela Rhodes |
| 9 Kenda Scott | 24 Irma Solis-Nieto |
| 10 Elise Dusek | 24 Sara Williams |
| 10 Sarah Snow | 25 Dana Behn |
| 10 Ruth Stevens | 25 Samantha Bennett |
| 11 Alisha Henson | 25 Deja Coulter |
| 11 Tiffany Houzenga | 25 Connie Geerts |
| 11 Allison Loggins | 25 Melissa Jacoby |
| 11 Keith Martin | 25 Kristin Miller |
| 11 Katie Nauman | 25 Teresa Stern |
| 11 Concha Sitter | 26 Judy Meinsma |
| 12 Donna Dorothy | 27 Sherri Gascoigne |
| 13 Shari Batten | 27 Victoria Johnson |
| 13 Anne Blackwell | 28 Olivia Baker |
| 13 Ashley Earl | 28 Anne Cordell |
| 13 Gretchen Geirnaeirt | 28 Chloe Salzmann |
| 13 Melissa Lawson | 28 Wendy Selover |
| 14 Miranda Daugherty | 28 Rae Walls |
| 14 Julie Hurd | 28 Robert Whittaker |
| 15 Timothy Dunphy | 29 Beth Dearing |
| 15 Cortney Parker | 29 Gina Grennan |
| 15 Janice Repass | 29 Peggy Montgomery |
| 16 Kiana Aude | 30 Jeanette Keegan |
| 16 Dallas Crawford | 30 McKelvey Olson |
| 16 Brianna Fredrickson | 31 Steven Butts |
| 16 Brittany Gallegos | 31 Ashley Davis |
| 16 Justine Root | 31 Jacob Hopping |
| 16 Shawna Snapp | 31 Kimberly Jacobs |
| 17 Morgan Ammon | 31 Betsy Leech |
| 17 Jill Bryan | 31 Theresa McFadden |
| 17 Roderick Miniel | 31 Taylor Reed |

Jump into savings... **Linen Sale**

at **CGH Medical Center!**



NEW VENDOR
Customer satisfaction
guaranteed!

Thursday, March 1st
7 am - 5 pm
Friday, March 2nd
7 am - 3 pm
Location: Ryberg Auditorium

Luxury & Comfort

Ultra Plush Blankets- baby, twin, queen, oversized queen- \$25-\$64.95

Quilt Sets- \$49.95-\$69.95

Comforter Sets- \$79.95-\$89.95

Sherpa Throws & Blankets - \$29.95-\$64.95

Memory Foam Bamboo Pillows- \$25-\$30

1200 Series Bed Sheets- \$45 or 3 sets for \$120

Sizes: XL Twin, Twin, Full, Queen, King, Cal King

Cash • Checks • Credit/Debit Cards • Payroll Deduction accepted



Sponsored by:

CGH Auxiliary

Hospital Happenings

Yoga Class at CGH

Yoga class is being offered in the CGH Ryberg on **Monday, February 19, March 5** (Classroom 1), **12 and 26**. Class begins at 5:15 p.m. The instructor is Carly Wike and the cost is \$5 per class. The class is open to CGH employees and their families and friends, and to HTP students from our workplace wellness partners. Class length is approximately 60 minutes.

The money from this class, less instructor fee, will be donated to the CGH Health Foundation's Workplace Wellness initiative. If you have any questions, please contact Sherry DeWalt at ext. 5716.

Prevention of Heart Disease

Join us on **Thursday, February 22** for our Growing Healthier Speaker Series, featuring Dr. Ismaila Bello at 6 p.m. in the CGH Ryberg Auditorium. Heart disease is often avoidable and living a heart-healthy lifestyle doesn't have to be complicated. Call ext. 5716 to register.



Dr. Bello