



Communique

August 31, 2017

A CGH Medical Center Publication

In This Issue:

- National Environmental Services Week
- United Way Agency Fair
- Hurricane Harvey Assistance
- CGH Health Foundation Vendor Show
- Influenza Injections
- DeLange Textbook Scholarship
- Call for CGH Artists
- CGH Touchdown for Ta-Tas Sales
- Lynette Damhoff Retirement
- Caring Fund Scholarship Winners
- September Birthdays
- Hospital Happenings

National Environmental Services Week • September 10-16

The Association for the Healthcare Environment (AHE) of the American Hospital Association (AHA) is celebrating National Environmental Services and Housekeeping Week September 10-16.

This week gives us an opportunity to celebrate, appreciate and recognize all the professionals working in Environmental Services for the extraordinary teamwork and leadership required to care for the complex healthcare environment. Our clinical and support services teams all depend on the critical yet often unsung role environmental services plays in maintaining a quality patient care environment. Thank you to our EVS department for all that you do!



Environmental Services
Quality. Outcomes. Value.

United Way Agency Fair

For staff of CGH Medical Center, CGH Main Clinic & CGH Health Clinics

Tuesday, September 12 • 7 a.m. - 1 p.m. • Ryberg Auditorium

- Join us to meet the agencies and learn about how the United Way helps our community.
- Breakfast and lunch will be served!
- If you donate, or currently donate, at least \$2 per pay period, you will receive your choice of a CGH gift.

New Fairshare Givers

If you are a first-time giver, become a fair share giver (1% of your total salary or 1 hours pay per month) or increase your giving by \$1 per pay period, you will receive a free jumbo light-up pen, bling lanyard or your choice of assorted CGH gift items.



United Way of Whiteside County
www.uwwhiteside.org

twitter.com/uw_whiteside

Hurricane Harvey Assistance



Houston is in need of underwear of all sizes from children sizes to adult XXL.

If you'd like to help, please bring in a package of new underwear (www.undiesforeveryone.org recommends Fruit of the Loom or Hanes) or make a cash donation. Please drop off to Administration by Wednesday, September 6.

We will ship the donations directly to the *Undies for Everyone* distribution site in Houston.



Influenza Injections

EMPLOYEES

CGH will be offering employee flu vaccines beginning September 25. The Employee Health Nurse will be available at the Main Clinic. Watch for specific location, dates and times.

PATIENTS

In addition, we are also now taking appointments for the seasonal flu clinic, starting September 25, located in the Main Clinic Internal Medicine department. Patients may call (815) 625-4790, ext. 6865 to schedule. Walk-ins are welcome.



CGH Health Foundation Vendor Show • Sept. 15



Join us for our 4th Annual CGH Health Foundation Vendor Show! This event will be held on Friday Sept. 15, 2017, from 7 a.m. to 3:30 p.m. in the Ryberg Auditorium and CGH classrooms 1 and 2.

"It's a great community event where you can shop and find unique items from local crafters and direct sales consultants," said event co-chair Nicole Bollman. "Plus it benefits the

Health Foundation and all the amazing things they do for the community!"

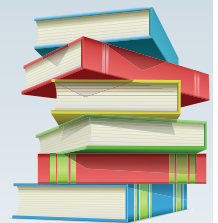
Stop by throughout the day to do some shopping, and be sure to come early to get your hands on the best selections! Proceeds from the event will benefit CGH Health Foundation programs, including Love on a Leash, Eyeglasses for Kids/Adults, Prescott Dental Clinic, and many more.

Confirmed 2017 vendors include the following: Norwex, quilted items, Mary Kay, Thirty One, Advocare, Fusion Jewelry, Crafts, Wooden Spoon Sweets, wood items, Pampered Chef, Kalmar Kolors Alpacas, The Cocoa Exchange, Real Time Pain Relief, Perfectly Posh, Folkiedot, LK Design Source, Scentsy, Thrive, LuLaRoe, We Believe T-Shirt Company, Rodan & Fields, Lipsense, doTerra, framed photography, Tupperware and Young Living Essential Oils.

DeLange Textbook Scholarship

James DeLange Textbook Scholarship funds are available for the fall semester from the CGH Health Foundation.

The application is on Lifeline under Quick Link. Choose CGH Health Foundation website, Scholarship Forms.



Deadline to apply is Friday, September 8.

Full- and part-time CGH employees are eligible if they have worked at the hospital for at least a year. Grants received range from \$50 to \$300. For more information, contact Joan Hermes, Foundation executive director, at ext. 5672.



COMMUNICATION

Call for CGH Artists

Just a reminder! Applications are due tomorrow, but if you send Dana McCoy an email and specify that you are going to apply, you can turn in the full application by Tuesday, September 5.

Spirit of the Heart Art Gallery is again excited to open artist applications to our employees, physicians and volunteers! If you have any art at all, please do not hesitate to enter it into our show. We want you to be a part of it.

Please enter one to four pieces for consideration. Depending on the number of applications, we will accept up to four pieces of art with a total of 40-50 pieces in the show. The show will open September 18 during CGH Week. Applications are due via email or in the marketing mailbox.

If you have questions or need help with the application process, please email Dana.McCoy@cghmc.com or call ext. 4580.

Thank you and we can't wait to share the creativity of our employees, physicians and volunteers with the community!



TOUCHDOWNS FOR TA-TAS

GET YOUR SHIRT ON THESE DATES

September 11th • 11am - 1pm (outside of cafeteria)

September 15th • CGH Vendor show (outside of the Ryberg)

September 27th • 11am - 1pm (outside of cafeteria)

Because of the overwhelmingly awesome demand last year this year's sale will be cash or payroll deduct/ and carry- shirts will be available day of sales!

\$20			\$25		
T-SHIRTS		LONG SLEEVE			
\$30			\$35		
CREW NECK		HOODIE			

T-shirts and long sleeve shirts add \$2 for sizes 2XL - 5XL
Crewnecks and Hoodies add \$4 for sizes 2XL - 5XL

Satellite Employees: If you cannot make it to the above dates and would like to order, please contact Amanda Blaine at Amanda.Blaine@cghmc.com for a payroll deduct form. Please note that on September 15th sales at the CGH Vendor Show will begin at 7am for Night Shift employees.

Lynette Damhoff Retirement



Lynette Damhoff's last day with her Case Management family was Friday, August 18. Everyone from Social Services misses her already and wishes her a very happy retirement. Good luck on your new journey, Lynette! You will be greatly missed!

Scholarship Winners



Congratulations to **Raquel Romano** (Medical Floor) and **Penny Smit** (Main Clinic Pediatrics), winners of CGH Employee Caring Fund Scholarships for the fall semester. Both Raquel and Penny were awarded \$500 scholarships. Thank you to all applicants!

September Birthdays

- | | |
|-----------------------|------------------------|
| 1 Joanna Babiy | 14 Mariah Davis |
| 1 Omega Cantu | 14 Jennifer Deetz |
| 1 Brandy Galvan | 14 Lisa Fox |
| 1 Mary Gerken | 14 Marla Rhodes |
| 1 Timothy Helt | 14 Emily Shearer |
| 1 Logan Miller | 15 Kaitlin Brown |
| 1 Sherilyn Winstead | 15 Chassity Duncan |
| 2 Lindsey Inskip | 15 Kevin Harshman |
| 2 Nancy Shank | 15 Vanasha Jones |
| 2 Michael Straub | 16 Barbara Decker |
| 3 Cheri Blair | 16 Stephanie Disch |
| 3 Russell Blase | 16 Katherine Peterson |
| 3 Cristina Coggins | 16 Stefanie Woodfall |
| 3 Mary Giles | 17 Tracy Boyle |
| 3 Mary Nelson | 18 Alaina Burtlow |
| 3 Cherish Rhodenbaugh | 18 Nadejda Dillon |
| 4 Heidi Brown | 18 Kimberly King |
| 4 Christopher Fry | 18 Jaclyn Sciacero |
| 4 Trisha Harden | 19 Erika Adams |
| 4 Nora Serrano | 19 Teresa Cramer |
| 4 Denise Wooden | 19 Catherine Roux |
| 5 Julieta Cervantes | 20 Kayla Bland |
| 5 Jane Duffy | 20 Cordus Easington |
| 5 Paula Duncan | 20 Chad Hartman |
| 5 Cynthia Hoyle | 20 Carly Holloway |
| 5 Gayle Ledford | 20 Teresa Stout |
| 5 Heather Loftus | 21 Judy Coppotelli |
| 5 Victoria Magana | 21 Carol Garcia |
| 6 Chelsi Blair | 21 Amy Hicks |
| 6 Jeffrey Carden | 21 Hannah Maves |
| 6 Roxane Gluff | 21 Amanda Michel |
| 6 Crystal Hughes | 22 Linda Lightner |
| 6 Cynthia Hughes | 22 Kathleen Milby |
| 6 Jouquenia Johnson | 22 Elizabeth Mock |
| 6 Tara Mackey | 22 Lirije Tefiku |
| 6 Teresa McCardle | 22 Laurie Wetzell |
| 6 Korinna Ramirez | 22 Shirley Wolford |
| 6 Tonya Tidaback | 23 Tara Jackley |
| 7 Janine Fischbach | 23 Jeffrey LeMay |
| 7 Christine Lawson | 23 Nirmal Varma |
| 7 Penny Smit | 24 Dana Carroll |
| 7 Mary Tutterrow | 24 Jordanna Devine |
| 7 Marjorie Wiley | 25 Tiffany Manzano |
| 8 Sherry Cushing | 25 Laurie Terry |
| 8 Ashley Reed | 25 Brooke Witmer |
| 9 Kendra Bittner | 26 Melissa Greschke |
| 9 Chelsey Vetter | 26 Alyson McGuire |
| 10 Josann Cherry | 26 Sarah Walls |
| 10 Guy Morgan | 26 Beth Warner |
| 10 Janelle Schmitt | 27 Bridgette Clark |
| 10 Connie Stern | 29 Lanette Baker |
| 10 Kelli Vilmont | 29 Ian Eastman |
| 11 Penny Avila | 29 Brianna Richardson |
| 11 Shelley Chappell | 29 Carrie Rodriguez |
| 11 Bruce Henson | 29 Randy Scott |
| 11 Heather Lee | 29 Heather Trotter |
| 11 Kathy Spillman | 29 Dawn Willman |
| 11 Nancy Wait | 30 Kimberly Damhoff |
| 12 Dianne Limesand | 30 Lisa Delgado-Flores |
| 12 Becky Straub | 30 Suman Gopal |
| 12 Cynthia Wadsworth | 30 Kellsy Howell |
| 13 Rebekah Allen | 30 David Knutti |
| 13 Christine Higley | 30 Jason Schneider |
| 13 Maureen Leal | 30 LuAnn Stukenberg |
| 13 Jennifer Olson | |

Hospital Happenings

Evacuation Device Training Sessions

Evacuation device training sessions are open to all staff. The upcoming schedule is below and sign-up is on Lifeline.

Date	Time	Location
September 27	7 a.m.	EMS Classroom
October 12	7 a.m.	OB Classroom
October 18	8 a.m.	OB Classroom
October 18	12:30 p.m.	OB Classroom
October 18	2:30 p.m.	OB Classroom
October 25	7 a.m.	Classroom 1

Pumpkin Dash Volunteers Needed

The 26th Pumpkin Dash will take place on **Saturday, September 30** from **9 a.m. to 1 p.m.** at Hoover Park, Sterling. Volunteers are needed to help with registration (8:30 am to noon), bounce house (9 to 11 a.m. and 11 a.m. to 1 p.m.), and more! If you can help, please contact Nicole Bollman at ext. 4422 or email nicole.bollman@cghmc.com.



FY18 Mandatories

FY18 online mandatories are now posted on your CGH University To Do page. If you have any questions, please do not hesitate to contact Staff Development in Human Resources at ext. 4845.



Lifeform Uniforms

Mark your calendars for the upcoming Life Uniform Sale, sponsored by the CGH Auxiliary. The fundraiser will be held **Friday, September 29** from **7 a.m. to 6 p.m.** in the Ryberg Auditorium. Stop by for a great selection of uniforms and more! Cash, check, credit card and payroll deduct (with employee badge) will be accepted.



Caring Fund Committee

The CGH Caring Fund Committee is currently looking for two new members. If you are interested in joining, please send a paragraph explaining why you'd like to join to Beth.Warner@cghmc.com. Please note that you must be an active giving Caring Fund participant to apply.



Protecting Your Back Workshop

Join Dr. Curtis Coyle, CGH Chiropractor, for a **FREE** spinal care workshop on **Tuesday, September 26** at **6 p.m.** in Classroom 1. Discussion will include the most common causes of back pain, headaches, whiplash, prevention alternatives and self treatment options.