



# Communique

July 20, 2017

A CGH Medical Center Publication

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Mackenzie Hopping has a BS with Double Majors in Studio Art (painting and drawing) from Bradley University, Peoria IL and a Masters of Art in Art Therapy from The School of the Art Institute of Chicago.

Mackenzie comes from four generations of breast cancer, one survivor. She was nine when her mother had breast cancer. At the age of 33, Mackenzie had a 47% chance of having breast cancer. She is inspired by her experiences as a breast cancer survivor and reflects it in her art. Other pieces in the show are a compilation of work over the past 13 years.

If you are interested in purchasing any pieces, please see Deb Keaschall in the Auxiliary Office.

## SPIRIT OF THE HEART

Gallery at CGH

### SUMMER 2017 EXHIBITION FEATURING ARTWORK FROM MACKENZIE HOPPING



**Just a reminder that the September art show will go up prior to CGH Week and will be employees, staff and physicians, so be working on your entries!**

Growing Healthier

# Speaker Series

Dialogue that Makes a Difference

## Your Welcome to Medicare Visit

Thursday, July 27 • 6:00 p.m.

Presented by: Tracey Aude, RN, MSN, NP-C

CGH Ryberg Auditorium, 100 E. LeFevre Road, Sterling, IL

Registration appreciated but not required. To register, visit [www.cghmc.com/growinghealthier](http://www.cghmc.com/growinghealthier) or call (815) 625-0400 ext. 5672 for more information.



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# 2017 CGH Summer Scholars Program Comes to a Close



CGH recently wrapped up its 2017 Summer Scholars Program - a program designed to provide students in our service area with an opportunity to explore the health care field. Over the last two months, this year's participants had the opportunity to work one-on-one with CGH physicians, while also attending lectures about careers in the health care field and rotating between our various medical departments. The 2017 program concluded with a luncheon, where each of the students described the research project they worked on and/or completed while at CGH. Thank you to this year's Summer Scholars (pictured at left, L-R): **Kallie Zuidema, Elizabeth Rath, Megan Carney, Braxton Schuldt and Chris Ahlers.**

*We hope you enjoyed your time at CGH and hope to see you again someday!*



## Retirement Party

Join CGH Medical Center on wishing Dr. Schmelzel and his nurse Betty Neubauer a fond farewell on their retirement!

**Wednesday, July 26 • 5pm - 7pm**

**CGH Main Clinic Atrium**

*Refreshments will be Served*

*Betty Neubauer on 35 YEARS at CGH Medical Center  
Dr. Mark Schmelzel on 13 YEARS at CGH Medical Center  
(33 years as a surgeon)*



**(815) 625-4950**

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## UIC College of Nursing



A representative from the Quad Cities Regional Program for the University of Illinois at Chicago will be at CGH on **Thursday, August 3** from **11a.m. to 1 p.m.** outside the cafeteria. If you have questions, please contact Bill McFalls in Staff Development at ext. 4845.

## Congratulations!

On July 7, two Materials Management employees became official CGH retirees.

**Nancy Phillips** (Laundry) retired with 33+ years of service.

**Joe Vasquez** (Materials Management) retired with 37+ years of service.

**Thank you both for your dedicated service! Nancy and Joe, you will be greatly missed!**



Materials Management staff gather to celebrate at Nancy Phillips retirement lunch.



Joe Vasquez shares a moment with his wife and children at his retirement open house.

## Thank You

I would like to thank my CGH and Clinic family for the generous donations given to my family for our "family dream vacation." We had an amazing time and have plenty of pictures to remind us. A big shout of thanks goes to my co-worker, Anita Meier, for organizing everything. Again, thank you and live everyday for the moment.

**Peggy Kuelper**  
ASU





# CATH LAB OPEN HOUSE



8 AM - 4 PM | Thursday July 20th  
6 PM - 9 PM | Monday July 24th

Meet the staff, see procedures rooms and hear about all procedures done in the Cath Lab. The CGH cardiac catheterization lab uses the state-of-the-art Phillips Integris Allura—the most advanced vascular diagnostic tool available. Exceptionally detailed images enable physicians to see and work in even the smallest vessels.

Our cardiac specialists have trained at some of the world's most renowned medical centers. Their expertise, teamed with innovative technology, is broadening CGH's scope of cardiac intervention and doing more to help prevent heart attacks and strokes.

Refreshments will be served | ENTER FOR A CHANCE TO WIN A \$25 GIFT CARD

All CGH Employees Welcome

## American Red Cross #BloodEmergency



American Red Cross

August 3 • 9 a.m.-8 p.m.  
Ryberg Auditorium

Right now, the American Red Cross is experiencing a severe blood shortage and has issued an emergency call for blood donations. A critical shortage of Red Cross blood donations may lead to delays in urgent medical care to vulnerable patients. Achieving our blood drive goal is critical.

To assist with recruitment efforts, all donors will receive an email for a \$5 Target eGiftCard™ after their attempted donation. Donors MUST have a valid email address on file in order to receive their reward.

Appointments are appreciated. Walk-ins are welcome. To make an appointment, call Michelle at ext. 6879 or Connie at ext. 5425 or schedule online at [www.redcrossblood.org](http://www.redcrossblood.org).



# COMMUNICATION

## July New Employees



**Front Row (L - R):** Alyssa Buch (DID Technologist, DID); Bekah Gravila (DID Technologist, DID); Kendra Kruse (Teacher, Day Care); Natalie Henry (Receptionist, DID)

**Back Row (L - R):** Tania Guerrero Navarro (Patient Transporter, DID); Teagen Hinrichs (Summer Worker, HIM); Kelsey Heslop (Housekeeper I, EVS); Jason Johnson (DID Vascular Technologist, DID); Jake McKenna (Summer Worker, Information Technology)



**Front Row (L - R):** Alexa Manjarrez (Medical Assistant, Float-Clinic); Ashley Revels (HUC/CNA, Pediatrics); Paige Rogers (Phlebotomist, Laboratory); Taylor Wood (Café Worker, Dietary); Julie Hurd (CNA, Emergency Department)

**Back Row (L - R):** Aaron Drey (EMR Application Analyst, EMR); McKaley Boothe (Insurance Coordinator, Patient Accounts); Diana McKinley (RN, Cardiology); Emily Sauer (CNA, Surgical Floor); Katie Peterson (RN, Surgical Floor); Elijah Michel (Porter, Dietary)



**Front Row (L - R):** Branningham Hutchison (Summer Worker, CPFS); Kiana Aude (HUC/CNA, Home Infusion); Sherry Cushing (CNA, Float-Hospital); Allie VanDerLeest (RN, Surgery-Clinic); Ashley Heffelfinger (RN, Medical Floor)

**Back Row (L - R):** Amber Rasmussen (Summer Worker, Marketing); Drake Myers (CNA, Float-Hospital); Sarah Cebula (Lead Social Worker, Population Health); Rebekah Allen (Medical Assistant, Lynn Blvd Clinic); Patrick Krager (EMT-P, Pre Hospital); Maribel Baca (CNA, Pediatrics/ Immunizations)

# August Birthdays

- |                         |                        |
|-------------------------|------------------------|
| 1 Leanne Blase          | 17 Lonnie Greenwood    |
| 1 Sunday Dugger         | 17 Thomas King         |
| 2 Vicki Biller          | 17 Robin Lane          |
| 2 Taylor Colville       | 17 Jennifer Mattingly  |
| 2 Amanda Fortune        | 17 Irma Russell        |
| 2 Tracey Maxwell        | 18 Connie Asher        |
| 2 Laurel Myers          | 18 Dorothy Morris      |
| 3 Yolanda Fowler        | 18 Vanessa O'Connell   |
| 3 Tracy Herrera         | 18 Kimberly Przysucha  |
| 3 William McFalls       | 18 Amy White           |
| 3 Megan Shank           | 18 Jacob Wierenga      |
| 3 Joseph Sheridan       | 19 Megan Bright        |
| 4 Ashleigh Chapman      | 19 Stephenie Lloyd     |
| 4 Karie Gries           | 19 Taylor Ryan         |
| 4 Kathy Mills           | 20 Chase Fisher        |
| 5 Myra Carrizales       | 20 Misty Nichols       |
| 5 Patrick Krager        | 20 DeAnn Wagenknecht   |
| 5 Sheila Miller         | 20 Stephanie Waller    |
| 5 Debra Smith           | 21 Cynthia Britton     |
| 5 Sara Stage            | 21 Kimberly Davis      |
| 5 Sandra Uribe          | 21 Thomas Hartman      |
| 5 Patricia Zigler       | 21 Amanda Larry        |
| 6 Beth Ackert           | 21 Shaneen Norman      |
| 6 Christopher Fleming   | 21 Kelly Rhodes        |
| 6 Megan Hummel          | 22 Amanda Davy         |
| 6 Mary Schwab           | 22 Heather Matznick    |
| 6 Monte Sunday          | 22 Dustin Siebel       |
| 7 Jacob Beets           | 22 Sarah Wilson        |
| 7 Christina Castellanos | 23 Thomas Beswick      |
| 7 J.C. Johnson          | 23 Mariah Diffenbaugh  |
| 8 Lynette Damhoff       | 23 Brian Gray          |
| 8 Breanna Holloway      | 23 Nikki Johnson       |
| 8 Jessie Houzenga       | 23 Kendra Kruse        |
| 9 Vanessa Simonton      | 23 Dugan Repass        |
| 10 Nicholas Barthel     | 24 Lindsey Fiorini     |
| 10 Susan Bauer          | 25 Tracey Aude         |
| 10 Sarah Cebula         | 25 Erica Heaton        |
| 10 Ashley Eich          | 25 Cindy Schott        |
| 10 Maria Miller         | 25 Tanya Underwood     |
| 10 Jaime Milligan       | 26 Nellie Burke        |
| 11 Gregory Gillette     | 26 Brooke Carroll      |
| 11 Judy Hall            | 26 Sandra Hilton       |
| 11 April Miller         | 26 Joshua Koroscik     |
| 11 Destinee Schumaker   | 26 Jill Sosi           |
| 12 Sherry DeWalt        | 26 Jennifer Tompkins   |
| 12 Taylor Kohl          | 27 Charles Arwine      |
| 12 Angela Lohse         | 27 Paul Murphy         |
| 12 Linda Roushia        | 27 Daneen Sandrock     |
| 13 Martha Burch         | 27 Sue Staker          |
| 13 Andrea Day           | 28 Amy Bontz           |
| 13 Magdaline Egert      | 28 Ann Davis           |
| 13 Hope Sandoval        | 28 Susanne Parker      |
| 13 Christine Schlegel   | 28 Nichole Small       |
| 13 Frank Tugwell III    | 28 Kelli Stalzer       |
| 14 Mir Alikhan          | 29 Victoria Stokes     |
| 14 Kimber Davis         | 29 Jennifer Stultz     |
| 14 Amy Dodge            | 29 Jessica Whetsel     |
| 14 Mary Alice Oswald    | 29 Geoffrey Wright     |
| 15 Melissa Armstrong    | 30 Ted Dunphy          |
| 15 Stacey Cavanaugh     | 30 Ashley Heffelfinger |
| 15 Mercedes Lopez       | 30 Robert Lehman       |
| 15 Laurie Swearingen    | 30 Lisa Lira           |
| 15 Leanne VanZuiden     | 30 Alexander McCormick |
| 16 Lidia Baldwin        | 30 Paige Miller        |
| 16 Sara Geerts          | 30 Jason VanMeter      |
| 16 Thomas McGlone       | 31 Paula Beveroth      |
| 16 Jaselyn Nagy         | 31 Allison Houldson    |
| 16 Jeffrey Thormeyer    | 31 Kayla Mulnix        |
| 17 Laurence Brandon     | 31 Joseph Schueler     |
| 17 Carey Bruder         | 31 Natasha Schwarz     |

## Hospital Happenings

### September Art Show

Just a reminder that the September art show will go up prior to CGH Week and will be employees, staff and physicians, so be working on your entries!

### FY18 Mandatorics

FY18 online mandatorics are now posted on your CGH University To Do page. If you have any questions, please do not hesitate to contact Staff Development in Human Resources at ext. 4845.

### Blood Pressure and Blood Sugar Screenings

Screenings are held on the first Thursday of the month (**August 3**) from **8 to 9:30 a.m.** in the CGH Main Clinic lobby; second Thursdays (**August 10**), from **11:30 a.m. to 1 p.m.** in the CGH Medical Center lobby; and third Thursdays (**August 17**), from **3 to 4:30 p.m.** at County Market in Sterling.

### Evacuation Device Training Sessions

Evacuation device training sessions are open to all staff. The upcoming schedule for August is below and sign-up is on Lifeline.

Date	Time	Location
<b>August 16</b>	<b>9 a.m.</b>	<b>OB Classroom</b>
<b>August 16</b>	<b>12:30 p.m.</b>	<b>OB Classroom</b>

## PROTECTING YOUR BACK WORKSHOP



Join Dr. Curtis Coyle, CGH Chiropractor, for a **FREE spinal care workshop**. Discussion will include the most common causes of back pain, headaches, whiplash, prevention alternatives and self treatment options.

### FOURTH TUESDAY OF THE MONTH

July 25 | August 22 | September 26 | October 24

**6 p.m. in Classroom 1 • CGH Medical Center**

100 E. LeFevre Road, Sterling, IL



Please register at [www.cghmc.com/calendar](http://www.cghmc.com/calendar)

Registration appreciated but not required.

For more information or to schedule an appointment with Dr. Coyle, please call **(815) 622-1211**