



Communique

March 16, 2017

A CGH Medical Center Publication

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CGH Auxiliary Donates Binder Lift™ Vests to Local EMS Departments

Back injuries are the leading cause for early retirement within emergency medical services personnel. According to a study, EMS personnel have a lifting related injury rate of 21.3 times higher than the national average. In response, CGH Medical Center Auxiliary recently donated eight Binder Lift™ vests to equip CGH EMS and Sterling and Rock Falls Fire Departments with an easier and safer alternative for patient handling.

"The intent of the Binder Lift vests is to provide multiple lifting points for people that are down in awkward spots, while making the patient feel more safe and secure," said Ryan Venema, CGH Director of Pre-Hospital Services.

The Binder Lift's unique torso wrap design with 19-25 handles enables caregivers to team lift while using proper ergonomics. The cushioned top edge and torso wrap design reduces bruising and skin tears while providing superior patient stabilization and security.

"On behalf of CGH EMS and the Sterling and Rock Falls fire departments, I would like to thank the CGH Auxiliary for their gracious donation," said Venema. "It is truly an investment in one department because we all work so closely together in providing emergency medical services to the community."

The vinyl Binder Lift vest received the Journal of Emergency Medical Services (JEMS) 2014 Hot Product of the Year. Constructed with Bondcote® vinyl coated polyester, and BioThane® for the handles and removable leg straps. Both materials used are 100% impervious to bodily fluid and are chemical resistant.



Pictured in the front kneeling are Derek Sheaves, SFD; and Bill Milby, Deputy Chief South. Pictured in the back from left to right are Dan Posateri, CGH EMS; Jason Larson, CGH EMS; Capt. Jeremy Billeb, SFD; Pat Rosengren, CGH Auxiliary; Ryan Venema, CGH Director of Pre-Hospital Services; Capt. Ken Wolf, RFFD; Josh Willman, RFFD; and Matt Kobbeman, RFFD.

Culture of Caring

One Mission. One Vision. One Team.



EMPATHY

Over the past month, your leaders have initiated some insightful conversations with you regarding what empathy is and why/how we strive to be empathetic with each other. Empathy is not restricted to direct patient care staff. Everyone contributes to a Culture of Caring. Engaged employees that feel valued, create a safer work environment for all and take better care of our patients. Thank you for all that you do every day to uphold our Mission, our Vision, and our Values. The work you do is meaningful and impacts every patient's experience.

This is what empathy feels like to our patients . . .

The entire experience could not have been better! The staff really went overboard to expedite my care.

The nurses were excellent. They were able to explain the care I was receiving and why. They answered all my questions thoroughly. Everyone was so kind to me and my family.

I was given excellent care by all. Everything was explained and carried out with care and respect.

My experience was great everyone was kind and courteous. I would recommend this hospital to anyone. They take very good care of you. They are wonderful!

I had a wonderful experience and was very touched by the hand written card from the nurses who cared for me.

The employees were all very professional and caring, from registration to lab to housekeeping! A great bunch - the weekend night crew was outstanding in the way they took care of me. My hats off to all of them!!

All care was given with thoughtfulness. The hospital was full and still the staff made me feel special and well cared for.

I felt very relaxed and reassured because my procedure was quick and done in a caring way.

He is an exceptional doctor and great with every patient that walks through his door. He is caring, compassionate and always listens and takes his time with all patients. He is a wonderful person for CGH to have as a provider and great for the community.

I was treated with kindness and care. They demonstrated skill and compassion.

I was taken in on time and cared for with dignity. They always explained what was happening and why.

All were very compassionate as to the discomfort I was going through.

My provider is always very friendly and listens carefully to whatever I have to say.

The staff were all professional and caring. They explained everything very well. This was my first experience in their department and it was excellent.

CGH Health Foundation and CGH Auxiliary Scholarship Deadline

You could be one of the lucky Sauk Valley area students to be selected this year for a healthcare/nursing scholarship from the CGH Health Foundation or CGH Auxiliary. Nearly \$30,000 will be awarded for the Fall 2017/ Spring 2018 semesters to new or current students.



Megan Maas (Main Clinic, Surgery) was a recipient of the Marrietta Lilly Scholarship offered through the CGH Health Foundation.

Deadline is March 31 for CGH Health Foundation scholarships and April 1 for CGH Auxiliary Scholarships.

Several academic scholarships are available from the CGH Health Foundation and CGH Auxiliary. The scholarships are awarded on an annual basis and are based on academic standing and financial need. Scholarship descriptions, application criteria and applications are available for download at www.cghmc.com/scholarships. All awards are subject to availability of funds.



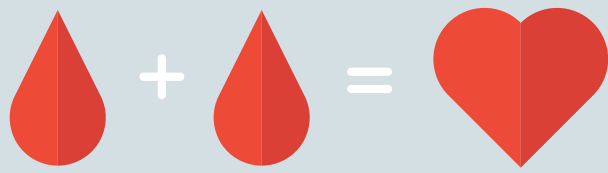
Leukemia, Lymphoma, and Multiple Myeloma Networking Group

The Leukemia, Lymphoma, and Multiple Myeloma Networking Group will meet on Monday, April 10 at 6 p.m. in the Ryberg Auditorium.

The guest speaker will be Toni Klatt-Ellis, APN, Clinical Nurse Educator from Takeda Oncology.



This networking group is specifically for patients who have had experience with Myeloma, Lymphoma, Leukemia, and MGUS. This networking group is designed to be informal, comfortable, educational, and overall a place to network with others who may share a similar experience. Dinner and refreshments will be provided at no cost. The Myeloma, Lymphoma, and Leukemia Networking Group is in partnership with Home of Hope Cancer Wellness Center. Please call 815-288-4673 to register for this event.



Give Blood, Give Life, Be a Hero!

BLOOD DRIVE

Thursday, April 6, 2017

9 a.m. to 3 p.m. | CGH Ryberg Auditorium

(100 E. LeFevre Road, Sterling)

Appointments are appreciated. Walk-ins are welcome.

To make an appointment, call Michelle at

(815) 625-4790 ext. 6879

Or Call Connie at

(815) 625-0400 ext. 5425

or call **1-800-RED CROSS (733-2767)**

or schedule online at www.redcrossblood.org



Will provide a small gift for donors!

Silent Auction Basket Challenge



More than 40 CGH departments sponsored Silent Auction baskets for the CGH Health Foundation Silent Auction last year!

"Here's our challenge to you," said event co-chairs Mimi Hicks, Daycare, and Laurie Wetzell, Lab. "It's the Foundation's 30th Anniversary. Let's get every department in our CGH family to participate this year to help celebrate! The Silent Auction is on

Tuesday, May 9. With more and more involvement we can assist more people in the Sauk Valley area, including some of our very own CGH employees!"

Eighty-six baskets were donated by 40 departments in 2017. With the support of all of these departments, plus so many giving individuals, the CGH Employee Division Committee collected 175 baskets and were able to raise \$12,243 at the Silent Auction last year!

Funds raised provided eyeglasses and dental care for children and adults, mammograms and Pap tests for women, and medications for our patients, to name a few projects.

"We are very grateful for the creativity, excitement and generosity these departments showed for this event," said Mimi and Laurie. "Thank you in advance for a very fun, exciting and successful CGH Health Foundation Silent Auction!"

Pediatrics Open House

On Wednesday, March 29 we will be hosting an open house for the Pediatrics department from 2 to 4 p.m.

Employees and members of the public are invited to enjoy refreshments while touring the newly renovated department that showcases a mural painted by Mackenzie Hopping.



Pediatrics Mural by Mackenzie Hopping

CGH Health Foundation Employee Scholarship Deadline April 28

Deadline for the \$3,000 Blue Sky Healthcare Education Scholarship, sponsored by the CGH Health Foundation, is Friday, April 28 at 5 p.m.

The grant was created in 2011 by a local family to benefit CGH Medical Center employees and their children. One scholarship is given out each year and it is renewable. Full- and part-time students may apply. Past recipients include Lindsay Long, Kandice Denning, Beriah Foust, Tiffany Cantu, Brennah Zuidema and Nichole Mitchem.



The first recipient of the \$3,000 Blue Sky Healthcare Education Scholarship was Lindsay Long, left, daughter of Laura Long, right, Main Clinic Diagnostic Imaging.

Students must show proof of acceptance in an accredited healthcare program such as x-ray tech, physical therapy, paramedic/EMT, nursing, respiratory therapy, laboratory technician, etc. Prerequisite classes should already be completed. Students accepted to either medical, pharmacy, nurse practitioner, physician assistant or pre-med programs are excluded from applying for this scholarship.

A brief profile of yourself emphasizing occupational goals (1 page or less) and one letter of recommendation are required. Applicants must prepare a short essay answering both of the following questions: (1) Why are you interested in seeking/building a career in your chosen area of healthcare? and (2) How will receiving this scholarship help you?

The application can be found on Lifeline under CGH Health Foundation, Scholarship Forms. Email Joan Hermes or call her at ext. 5672 if you have any questions.

MARCH 2017

Employee of the Month



Kerri Stover
HIM Technician



I live in: Davenport, IA
Joined CGH on: September 12, 2011
Education: Sauk Valley Community College
Family: Son, Ryan (28); daughter, Ashley (26); and significant other, Curt Hall
Proudest Achievement: My children, assisting victims of domestic violence when I was a legal advocate at the YWCA, and this award
Hobbies: Fishing, gardening and baking

Kerri is truly the perfect fit to work with the practitioners and assist them with record completion. She is persistent, but respectful in her approach. She recognizes it is a team effort with good clinical staff contacts who respond and keep her informed of the physicians. We often have positive comments about how she works with staff.

*"Kerri is SO diligent, and we appreciate her efforts and how she works to help the docs to complete their charts! She is so professional and kind. Dr. Friend and Dr. Monte appreciate her so very much, and we all feel she is worth her weight in GOLD!
~ DHC Staff*

We congratulate her on being chosen March's Employee of the Month.

Purpose, Worthwhile Work, Making a Difference!

Hospital Happenings

FY17 Mandatory Education

Log on to your CGH University employee profile. This assignment will be available on your TO DO page. If you have any questions, please contact Lori Vandermyde, Staff Training and Development Coordinator, at ext. 4845 or laura.vandermyde@cghmc.com.

\$5 Masquerade Jewelry Sale

The CGH Medical Center Auxiliary will be holding the popular \$5 Masquerade Jewelry and Accessories Sale in the Ryberg Auditorium on **Thursday, March 30** from **7 a.m. to 6 p.m.** and **Friday, March 31** from **7 a.m. to 3 p.m.** Cash, check, credit/debit cards and payroll deduction (with your badge) will be accepted.



Interested in donating a basket for the May 9 Silent Auction?

creating Smiles. Together.

CGH Health Foundation
www.cghmc.com/foundation

Email Mimi Hicks, Daycare; Laurie Wetzell, Lab; or Amanda Blaine, Foundation, to let them know!

CGH Auxiliary Gift Shop

ST. PATRICK'S DAY SPECIAL

SHOP & DRAW for Discounts!

FRIDAY | MARCH 17TH | 9a - 6p



Exclusions for discount: Flowers, Magazines, Stamps, Sundries and Candies