



You have been scheduled for an **Arthrogram**

<b>Appointment Date</b>	
<b>Arrival Time</b>	

You have been scheduled for an **Arthrogram**.

Dye will be injected into your joint by a Radiologist while x-rays are taken. This may be followed by a CT or MRI, depending on what your physician has ordered. This exam may take up to 3 hours.

Please follow the following instructions to prepare for the exam:

1. You may eat and drink lightly before the exam.
  2. You should expect to limit your activity/be off work for the remainder of the day at minimum to rest your joint.
  3. Women of child bearing age (12-55) should have this exam done only during the first 10 days following the first day of their period when it is certain there is no pregnancy. If the exam is done at any other time, then a pregnancy test is required (except for women who have had a tubal ligation or hysterectomy).
- Please bring your insurance, Medicare, or Medicaid cards with you. To ensure accurate billing, the Admitting staff will need to copy these each time you come to CGH Medical Center for service.
  - Check with your insurance company to see if the exam/test ordered requires pre-certification or a second opinion.
  - Report to the Admitting department 15 minutes prior to your appointment to allow time for your registration.
  - If you have any questions about your scheduled exam, please call the Central Scheduling department at 625-3610 between the hours of 8 am to 5 pm weekdays. We will be glad to answer your questions.

100 E. LeFevre Road – Sterling, IL 61081 – (815) 625-0400