



You have been scheduled for a **Colon x-ray**
(barium enema)

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| Appointment Date | |
| Arrival Time | |

You have been scheduled for a **Colon x-ray (barium enema)**.

Barium (chalky liquid) is introduced into the colon through the rectum. X-rays are taken during filling, after filling and after emptying the colon (going to the bathroom). This exam may take 1-2 hours.

Please follow the following instructions to prepare for the exam:

1. On the day before the test, follow the directions on the Bowel Prep Kit or your doctor's instructions. You may get this at your physician's office or purchase at a drug store.
2. You may only have clear liquids once you start the prep.
3. Do NOT drink anything after 10:00pm the night before.
4. Take your medications as usual with sips of water. If you are diabetic, ask your physician about your diabetic medications.
5. Women of child bearing age (12-55) should have this exam done only during the first 10 days following the first day of their period when it is certain there is no pregnancy. If the exam is done at any other time, then a pregnancy test is required (except for women who have had a tubal ligation or hysterectomy).

- Please bring your insurance, Medicare, or Medicaid cards with you. To ensure accurate billing, the Admitting staff will need to copy these each time you come to CGH Medical Center for service.
- Check with your insurance company to see if the exam/test ordered requires pre-certification or a second opinion.
- Report to the Admitting department 15 minutes prior to your appointment to allow time for your registration.
- If you have any questions about your scheduled exam, please call the Central Scheduling department at 625-3610 between the hours of 8 am to 5 pm weekdays. We will be glad to answer your questions.

100 E. LeFevre Road – Sterling, IL 61081 – (815) 625-0400