



You have been scheduled for a **Thyroid Scan and Uptake**

Appointment Date	
Arrival Time	

You have been scheduled for a **Thyroid Scan and Uptake.**

On the initial visit, you will receive a radioactive Iodine capsule and complete a history. You will be in the Nuclear Medicine department a few minutes to ingest the capsule. You will return in 6 hours for pictures. This will take about 15 minutes. You will return in 24 hours. This will take about 45 minutes. You will be receiving an injection at this time. You do not need to register the second day.

Please follow the following instructions to prepare for the exam.

1. Do not take any thyroid medicines for 6 weeks prior to the exam.
2. Do not have any iodinated studies until the exam is completed (Example: IVP, enhanced CTs).
3. You may eat and drink prior to the exam.
4. You will be given a few dietary restrictions after the ingestion of the pill.
 - Please bring your insurance, Medicare, or Medicaid cards with you. To ensure accurate billing, the Admitting staff will need to copy these each time you come to CGH Medical Center for service.
 - Check with your insurance company to see if the exam/test ordered requires pre-certification or a second opinion.
 - Report to the Admitting department 15 minutes prior to your appointment to allow time for your registration.
 - If you have any questions about your scheduled exam, please call the Central Scheduling department at 625-3610 between the hours of 7:30 am to 5 pm weekdays. We will be glad to answer your questions.

100 E. LeFevre Road – Sterling, IL 61081 – (815) 625-0400