



You have been scheduled for a **Pharmacological – Myoview Myocardial Perfusion Study**

Appointment Date	
Arrival Time	

You have been scheduled for a **Pharmacological (medicine) – Myoview Myocardial Perfusion Study (non-treadmill)**.

This is a stress test but *without* physical exercise. Your test will require most of the morning, so you will need to plan accordingly. **If your weight is greater than 200 lbs,** you will be asked to return a second day for more filming.

PREPARING FOR THE TEST

- No COFFEE, TEA, CAPPUCIANO, DECAFFEINATED COFFEE, CHOCOLATE, COCOA, or any food containing caffeine for 24 HOURS prior to the test. Examples of food/beverages to avoid are on the back of this paper.**
- Respiratory medications containing THEOPHYLLINE or AMINOPHYLLINE should be discontinued at least 24 hours prior to the test. Please see back of this paper for a sample list of medicines, beverages and foods to avoid. **Any questions about medications should be directed to your physician.**
- If you take medication containing **Dipyridamole (Aggrenox, Persantine)**, check with your doctor to see if you can discontinue this medication for 48 hours before the test.
- Hold medication used for erectile dysfunction (Viagra, Cialis, etc) for 24 hours before the test. Please contact your doctor with any questions.
- Do not smoke, drink, or eat (4) hours** before the test, unless you are diabetic. Please note: If you are a diabetic, take only ½ of your morning insulin or oral diabetic medication. Also please eat a light breakfast at least 2 hours before the test. An example of a light breakfast would be: toast, juice, broth, and jello.
- Please bring a list of your current medicines.
- Wear comfortable clothing and avoid excessive use of body lotion or oils before the test.
- Please report to Patient Registration in the hospital main lobby about 10 minutes before your first scheduled test.

Examples of products that contain caffeine

DRINKS CONTAINING CAFFEINE

Brewed coffee	Pepsi®
Instant coffee	Diet Pepsi®
Decaffeinated coffee	Regular colas
Brewed tea	“Caffeine-free” colas
Iced tea	Dr. Pepper®
Decaffeinated tea	Mr. Pibb®
Instant tea	Mellow Yellow®
Coca-Cola®	Mountain Dew®
Diet Coke®	Diet Mountain Dew®
Tab®	Cocoa
Surge®	Some Orange Sodas
Chocolate Milk or chocolate syrup	

FOODS CONTAINING CHOCOLATE:

Ice cream
Candy
Yogurt
Mousse
Baked goods
Cocoa
Pudding

PRESCRIPTION DRUGS CONTAINING CAFFEINE:

Cafergot® (all forms)
Esgic® (all forms)
Fioricet®
Fiorinal® (all forms)
Norgesic™ and Norgesic Forte™
Synalgos® – DC
Wigraine® (all forms)

DRUGS CONTAINING THEOPHYLLINE

Aeorlate	Tedral SA®
Constant-T®	Theo-24®
Elixophylline®	Theoclear®
Primatene® (tablets)	Theo-Dur®
Quibron® (all forms)	Theolair®
Respbid®	Theo-Organidin®
Slo-bid®	Theo-Sav®
Slo-Phylline®	Theostat®
T-PHYL®	TheoX®

OTC DRUGS CONTAINING CAFFEINE

Ana
Excedrin
NoDoz

DRUGS CONTAINING Dipyridamole:

Aggrenox
Persantine

If you have any questions, please call Central Scheduling at the hospital at 815-625-0400, Extension 5550.

Thank you,
Cardiology Department @ CGH Medical Center